## **Peer Recovery Supporters Need Support Too**

## As a Peer Recovery Supporter, you provide valuable support and guidance to others. Where do you go when you need support?

Do you sometimes you find it challenging to do your job and manage your own recovery? Or maybe you work with clients who resist help, or you need help making time for selfcare. Find support while you navigate these challenges and connect with other Peer Recovery Supporters—join the Peer Recovery Supporters Group!

The Peer Recovery Supporters Group is facilitated by experienced Peer Recovery Supporters Derrick Kirkland and David Thomas. The group provides a safe, confidential space to share professional and personal challenges and receive support from other Peer Recovery Supporters who know what it's like. This is a drop-in style group. You are welcome to attend when you are able without advance registration.







## **Peer Recovery Supporters Group**

Meets the 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month

6:30 p.m. – 8:00 p.m.

Bexley United Methodist Church 2657 E. Broad St., Bexley, OH 43209 Use the entrance at the rear of the church with the red awning and follow the signs downstairs.

> Visit mhaohio.org or contact Maureen Traverse at Mental Health America of Ohio: mtraverse@mhaohio.org or 614-221-1441.