



2016

Impact Report



2016 was a successful year of growth and innovation at Mental Health America of Franklin County (MHAFC).

Strong partnerships with our members, volunteers, foundation and corporate supporters, and government partners helped us expand current programs and add even more.

What expanded in 2016?

- POEM (Perinatal Outreach and Encouragement for Moms) had a record year, more than doubling the number of moms helped in 2015 from 255 to 529.
- We added a Bipolar Support group and a GOALS Friends and Families group.
- A \$75,000 grant from The Ohio Department of Mental Health and Addiction Services funded *Occumetrics: A Method to Listen and Learn from Your Workforce* at thirteen OhioMHAS-licensed behavioral health providers.
- The Pro Bono Counseling Program in Fairfield County opened an official brick and mortar location on Main Street in downtown Lancaster.

Our success means people affected by mental illness know we're here to help and that they'll never be alone on their road to recovery. These achievements aren't just ours to celebrate. They're yours too – thank you!

Kenton J. Beachy, MA, MPA
Executive Director



Did you know that mental health issues affect one in four individuals?

MHAFC's goal is to transform how people think about mental illness, make it easier to get help, and give people the support they need to get better and stay better.

Ombudsman Services

“LeeAnn was great and even called me back a few weeks after my initial call with questions to see if I had found aid for my son. She really gave me her personal attention and gave me information to try to help find housing for my son. I am very happy that she is there to help people looking for help and in distress.”



1121

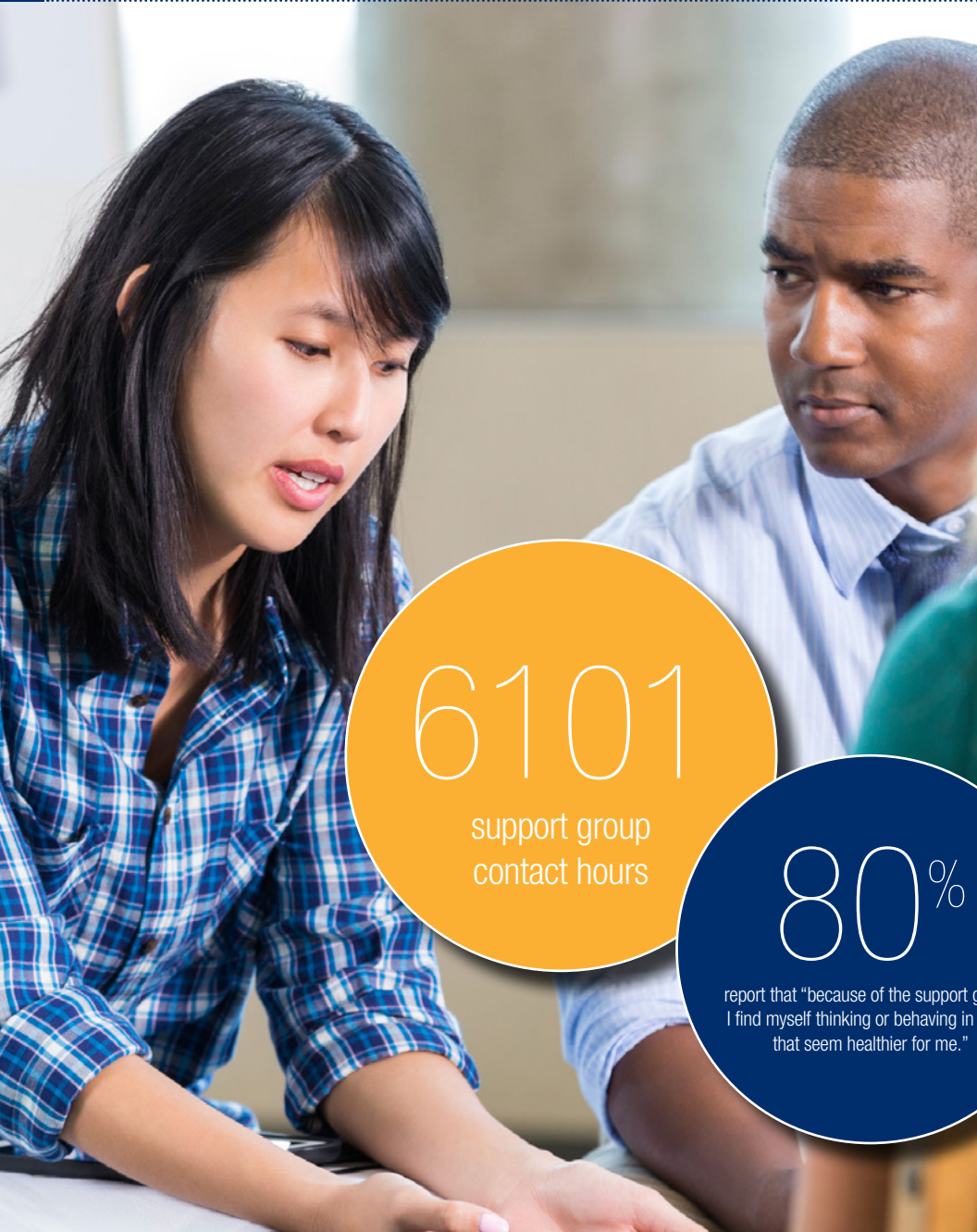
people were served

90%

said they'd use the
services again

Support Groups

“Just having other people with similar issues made me feel comfortable. I wish I had joined a support group earlier.”



6101
support group
contact hours

80%
report that “because of the support group,
I find myself thinking or behaving in ways
that seem healthier for me.”

Contact Hours by Support Group

4486
Schizophrenics
Anonymous

358
OCD Support

543
Families In Touch

606
Depression
Support

45
Mindful Living

63
Bipolar
Peer Support

POEM Program

"I just want to give my many thanks to you and POEM. I'm officially a year out from being diagnosed, and I don't know where I would be without you and your help. I still remember the first time we talked on the phone. It was the first day of my new life. The struggle has been hard, but thank God for you guys."



331

support group
contact hours

94%

reported successful symptom
reduction and increase in
information support

529

information and
referral calls

53

participants in the
mentor program

Pro Bono Counseling Program

"I absolutely love my therapist, and am grateful for being connected with her. We have only had a few sessions, but I've already started to feel better."



190

people received
free counseling

1419

hours of free
counseling

80%

reported at least one
positive outcome

Get Connected

“Get Connected is a great program. It has taught me how to eat healthier, how to live a healthier lifestyle, and the importance of managing my health. I would definitely recommend Get Connected to a friend because the program is very helpful and can teach others to live a healthy lifestyle.”



141

unduplicated
participants

1114

Get Connected
contact hours

100%

would recommend this program
to someone they know because
it was helpful for them



MHAFC in the Community

Sponsor

Ohio Mental Health Caucus

Member

Statewide Coalition for Healthy Communities

Franklin County Suicide Prevention Coalition

Provider Leadership Association of Franklin County ADAMH Providers, Steering Committee

Psychiatric Crisis Emergency Services Task Force

Accountable Care Coordination Learning Group

Human Service Chamber of Franklin County

Behavioral Health Learning Group

Step Therapy Coalition

1000

phone calls (advocacy, non-Ombudsman information and referrals, programs)

1651

professional and community conference participants

3732

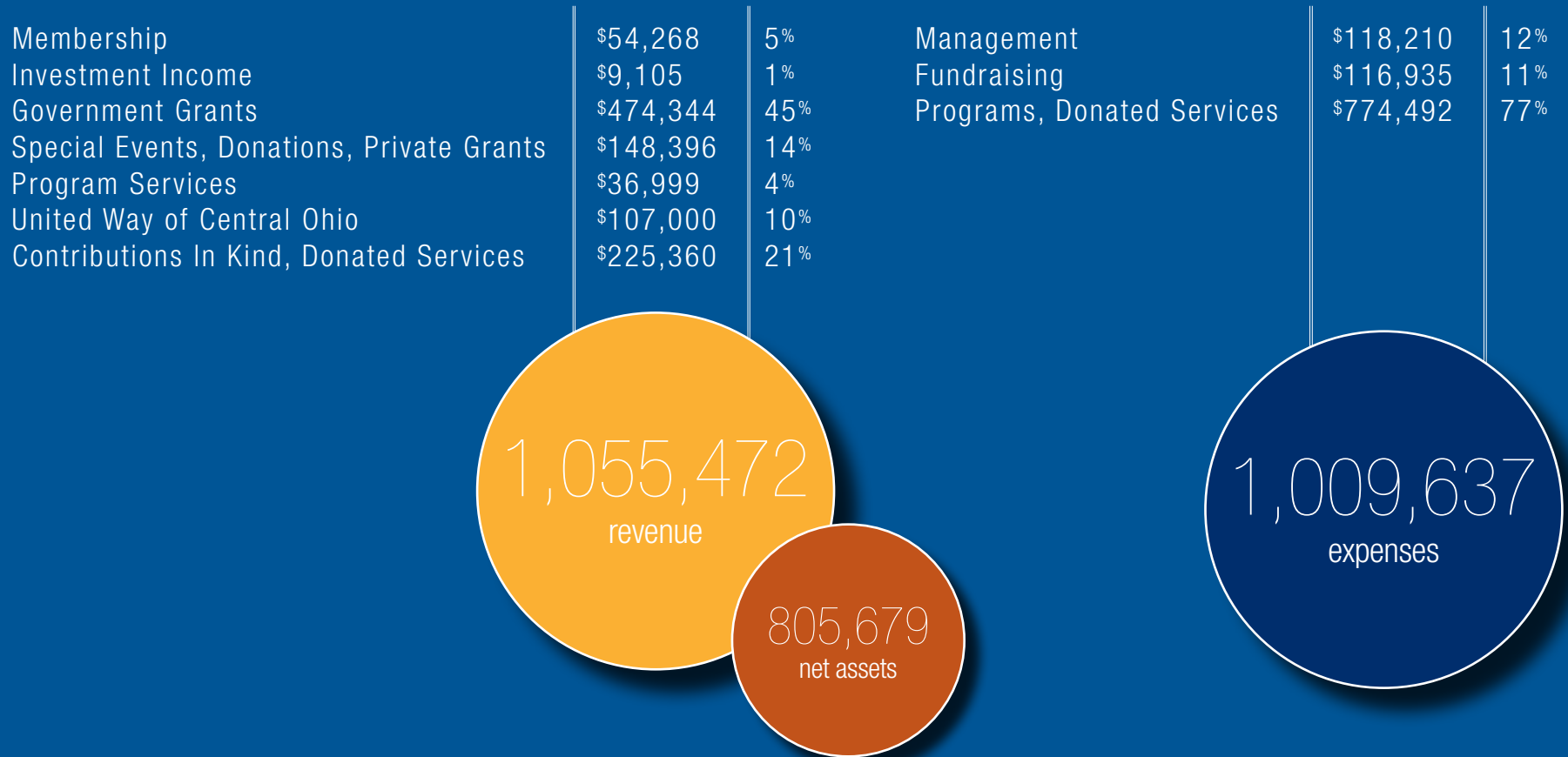
total
volunteer
hours

997

mental health
screenings online
and in-person



Financial Health Overview





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